

Lenmed Acute Rehabilitation



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lenmed
Acute Rehabilitation



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Welcome to Lenmed Acute Rehabilitation at Ethekewini Hospital and Heart Centre

At Lenmed Acute Rehabilitation is dedicated to helping patients recover from serious injuries, illnesses, and surgeries. Our goal is to provide comprehensive, patient-centred care that enables individuals to regain their independence and improve their quality of life.

Our Services



Our Acute Rehabilitation offers a wide range of rehabilitation services tailored to meet the unique needs of each patient:

Physical Therapy

Our physical therapists help patients improve their mobility, strength, and balance through personalized exercise programs.

Occupational Therapy

Occupational therapists assist patients in regaining the skills necessary for daily living activities, such as dressing, eating, and grooming.

Speech-Language Therapy

Speech-language pathologists provide evaluation and treatment for communication, cognitive, and swallowing disorders.

Medical Management

Our medical team, including rehabilitation doctors, nurses, and other specialists, oversees each patient's medical care and coordinates treatment plans.

Psychological Support

We offer counselling and support to help patients and their families cope with the emotional and psychological aspects of rehabilitation.

Our Team



Our interdisciplinary team of rehabilitation professionals includes



Rehabilitation
doctors



Physical
therapists



Occupational
therapists



Speech-
language
specialists



Rehabilitation
nurses



Psychologists



Dietitians



Recreational
therapists

Conditions We Treat



Our Acute Rehabilitation specializes in the rehabilitation of patients with a variety of conditions, including

Stroke	Neurological disorders (e.g., multiple sclerosis, Parkinson's disease)
Traumatic brain injury	Cardiac and pulmonary conditions
Spinal cord injury	Amputations
Orthopaedic injuries (e.g. fractures, joint replacements)	Major surgeries

Our Approach to Care



Our Acute Rehabilitation offers a wide range of rehabilitation services tailored to meet the unique needs of each patient:

1. Individualized Treatment Plans

Each patient receives a comprehensive assessment and an individualized treatment plan tailored to their specific needs and goals.

2. Interdisciplinary Team Meetings

Our team meets regularly to discuss each patient's progress and adjust the treatment plan as necessary

3. Family Involvement

We encourage family members to participate in the rehabilitation process and provide education and support to help them assist their loved ones.

4. Focus on Functional Outcomes

Our ultimate goal is to help patients achieve the highest possible level of independence and return to their homes and communities.

Admission Criteria



To be eligible for admission to our Acute Rehabilitation, patients should

Require intensive rehabilitation services from at least two therapy disciplines (e.g., physical therapy and occupational therapy).

Be medically stable and able to participate in a minimum of three hours of therapy per day, seven days a week (or depending on your medical aid provider).

Have a potential for significant functional improvement.

Contact us



For more information about our Acute Rehabilitation or to make a referral, please contact us at:

Lenmed Acute Rehabilitation

Ethekewini Hospital and Heart Centre

+27 31 581 2400

Riverhorse Valley Business Est, Cnr Riverhorse & Queen Nandi Drive, Newlands East, 4037

Visiting hours – 15h00 to 16h00

19h00 to 20h00

www.lenmed.com

Why Choose Lenmed Acute Rehabilitation?

*Experienced and compassionate staff
State-of-the-art facilities and equipment
Comprehensive, patient-centred care
Strong focus on achieving functional
outcomes*

Contact Information

PHONE:

+27 31 581 2400

ADDRESS:

Lenmed Acute Rehabilitation Centre, Riverhorse Valley
Business Est, Cnr Riverhorse & Queen Nandi Drive,
Newlands East, 4037

24 HOURS

SCAN FOR HOSPITAL
CONTACT DETAILS



Head Office

South Africa:

2nd Floor, Fountain View House,
Constantia Office Park,
Cnr 14th Avenue and Hendrik Potgieter Road,
Constantia Kloof, Johannesburg, 1709
+27 87 087 0600

Dubai:

DIFC, Innovation Hub,
Level 1 Gate Avenue –
South Zone, Dubai,
UAE

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